

### Quality of Life Difficulties (QOL)

For each of the following conditions, select the item that best describes your condition within the last thirty (30) days. **0=No Problem 1=Minor 2=Major 3=Severe**

	0	1	2	3		0	1	2	3		0	1	2	3
1. Headaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	30. Feeling Weak	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	59. Sleepy Throughout the Day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Irritable Bowel Syndrome	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	31. Eating Too Rapidly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	60. Difficulty in Making Decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Arthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	32. Eating After Being Full	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	61. Feeling Restless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. Premenstrual Syndrome	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	33. Embarrassed About Overeating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	62. Getting More Tired Than Usual	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Recurring Sinus Infections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	34. Depressed Over Eating Habits	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	63. Blaming Myself Too Often	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Tension Fatigue Syndrome	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	35. Depressed About My Weight	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	64. Causing Problems for Others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7. Recurrent Anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	36. Difficult to Stop Eating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	65. Worrying About My Faults	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8. Recurrent Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	37. Worrying About the Future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	66. Wondering If Life is Worth Living	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9. Insomnia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	38. Unable to Concentrate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	67. Suicidal Thoughts and Worries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10. Low Self Esteem	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	39. Forgetfulness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	68. Decreasing Interest in People	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11. Binge Eating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	40. Bad Temper or Quick to Anger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	69. Decreasing Interest in Activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12. Chronic Tension	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	41. Indigestion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	70. Difficulty in Sitting or Standing Still	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13. Lack of Energy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	42. Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	71. Often Fidgety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14. Food Allergies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	43. Vomiting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	72. More Tired Than Usual	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15. Feeling Under Stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	44. Heartburn	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	73. Generalized Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16. Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	45. Esophageal Reflux	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	74. Difficulty in Finishing Activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17. Prostate Problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	46. Control Over My Appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	75. Feeling Sad Too Much of the Time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18. Overeating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	47. Ability to Relax	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	76. Dieting Too Often	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19. Stomach Pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	48. Heart Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	77. Difficulty in Staying With a Diet	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20. Back Pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	49. Fibromyalgia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	78. Difficulty in Getting Up in the Morning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21. Pain in Arms, Legs or Joints	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	50. Difficulty in Falling Asleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	79. Eating Too Much Between Meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22. Menstrual Pain or Problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	51. Awakenings During the Night	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	80. Eating Too Much During Meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23. Chest Pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	52. Feeling Sad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	81. Getting Tired Too Often	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24. Dizziness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	53. Waking Up Too Early	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	82. Preoccupied with Gloomy Thoughts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25. Diarrhea	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	54. Sleeping Too Much	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	83. Thinking Too Much About Death	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26. Irregular Heartbeat	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	55. Unintentional Weight Gain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	84. Slowing Down of My Thinking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27. Shortness of Breath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	56. Unintentional Weight Loss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	85. Unhappy Too Much of the Time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28. Constipation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	57. Inability to Concentrate	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	86. Difficult to Stop Eating Once I Start	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
29. Stomach Gas or Indigestion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	58. Satisfied With My Life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>					